# VIA/VILI review and drill

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# objectives

- Recap of past presentations
- Refresh knowledge of VIA/VILI

# Developmental anatomy of the cervix

Hon Dr. Gregory Ganda CECM – Medical services, Public health and sanitation Gynecological oncologist

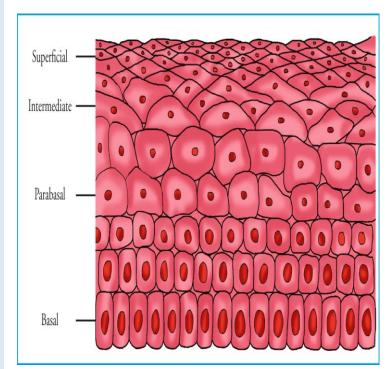
#### **Squamous Epithelium**

SGS WKAS WCKASHOODS

ISO 9001:2015

Certified

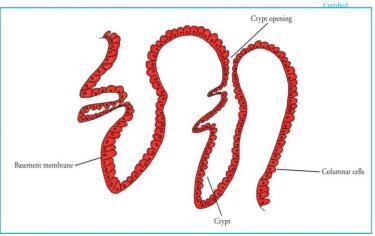
- Ectocervix is covered by Non-keratinized, stratified squamous epithelium
- Multiple (15-20) layers
- separated from cervical stroma by basement membrane
- Divided into 4 layers:
  - i. basal,
  - ii. para-basal,
  - iii. intermediate &
  - **iv.** superficial
- Intermediate & superficial layers contain abundant glycogen
- Maturation dependent on estrogen hormone



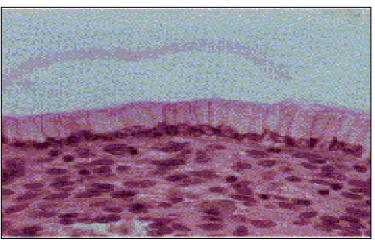
Normal stratified squamous epithelium

#### **Columnar Epithelium**

- Single layer mucin-secreting epithelium lining endocervix
- Invaginates into substance of cervical stroma forming endocervical 'crypts'
- Average depth of crypts is 5-8 mm approximately
- Does not contain glycogen
- A localized overgrowth of the endocervical columnar epithelium is called a cervical polyp

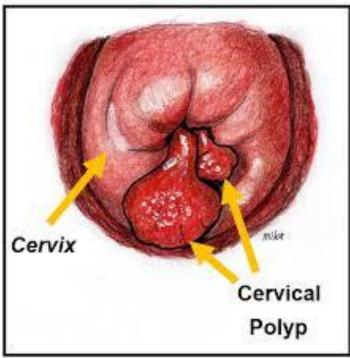


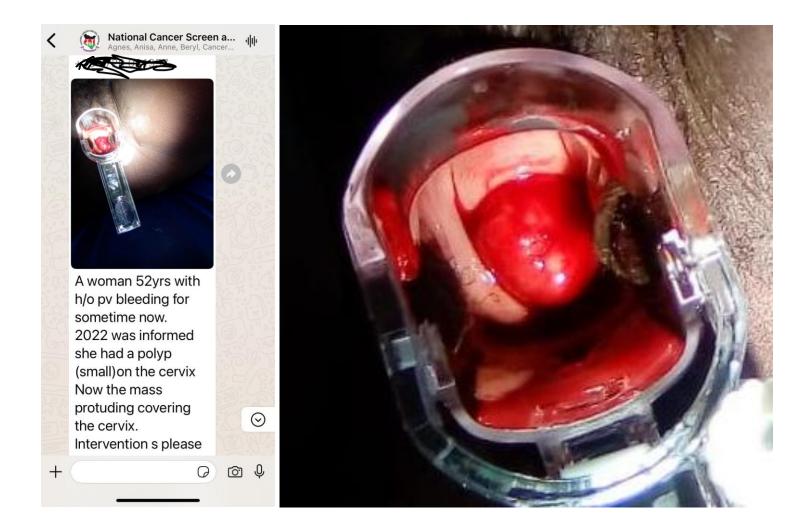
Normal columnar epithelium



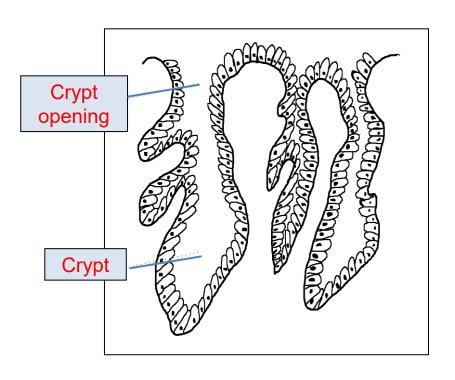
# Cervical polyp

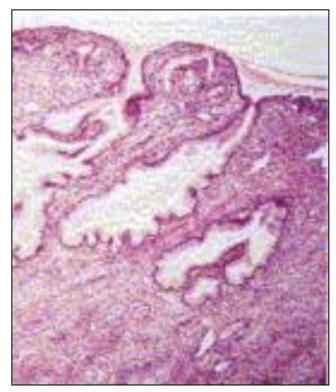






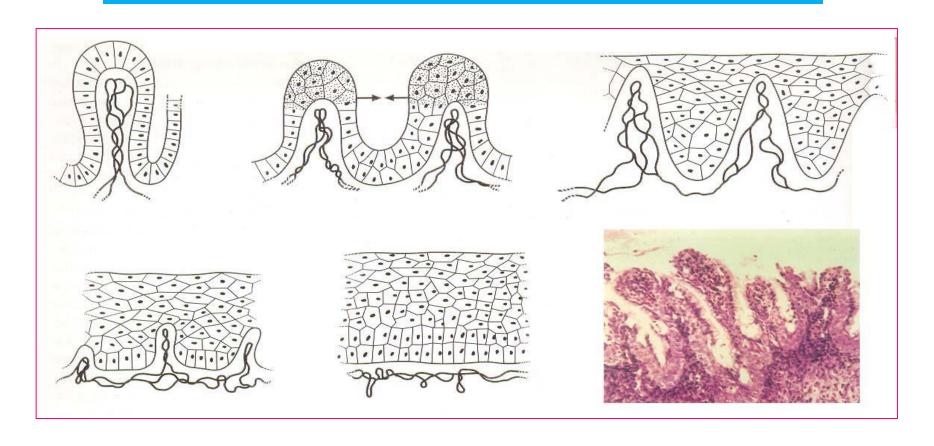
#### **Glandular Crypts of Columnar Epithelium**



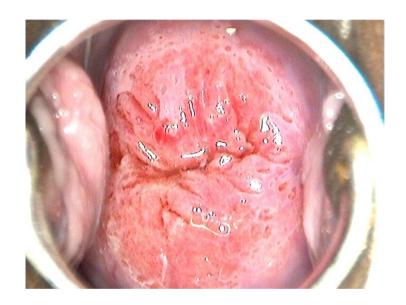


**Source:** Courtesy of L. Sankaranarayan.

#### **Histology: Formation of METAPLASIA**







**Squamous metaplasia** usually **begins at the original squamocolumnar junction** at the distal limit of the ectopy, but **it may also occur in the columnar epithelium close to this junction** or as islands scattered in the exposed columnar epithelium.

#### Squamous metaplasia

- The immature
   squamous metaplastic
   epithelium do not
   produce glycogen and,
   hence, do not stain
   brown or black with
   Lugol's iodine solution.
- The immature metaplasia eventually becomes mature
- The mature metaplactic

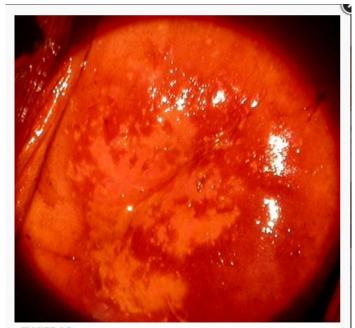
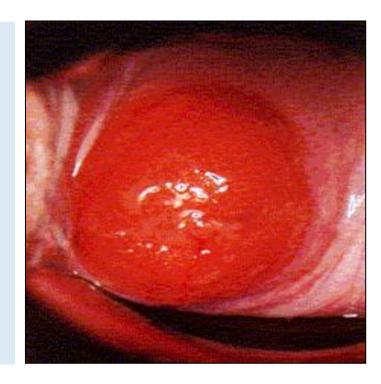


FIGURE 3.5:

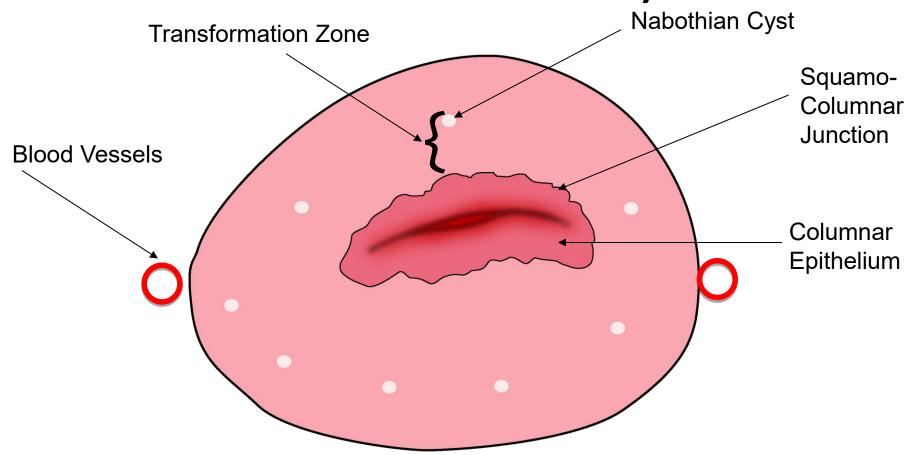
VILI negative: Squamous epithelium remains brown. There are patchy areas of no or partial uptake of iodine in the transformation zone corresponding to areas of immature squamous metaplasia and inflammation.

#### **Ectopy**

- An eversion onto the ectocervix of the SCJ along with large portions of columnar epithelium is referred to as an ectropion
- Progressively through the process of metaplasia the ectropion is replaced by metaplastic squamous epithelium



## **Cervical Anatomy**





### Microscopy

- Squamous epithelium Stratified
- Stratified , non-keratinizing, glycogencontaining squamous epithelium. Multiple layers 15 – 20.
- Columnar epithelium lines the endocervical canal – single layer of tall cells with dark staining nuclei.
- Endocervical crypts / glands
- The columnar cells secrete mucus.

### Microscopy

#### Squamocolumnar Junction

- Appears as a sharp line. Location depends on factors like age, hormonal status, birth trauma, pregnancy etc.
- Childhood at the external Os
- Puberty and reproductive period located in the exocervix. Ectropion – strikingly reddish ectocervix.
- Metaplasia change/replacement of one type of epithelium by another.
- Perimenopausal/menopause moves back towards the external os and eventually into the endocervix.
- Postmenopausal located in the endocervical canal.

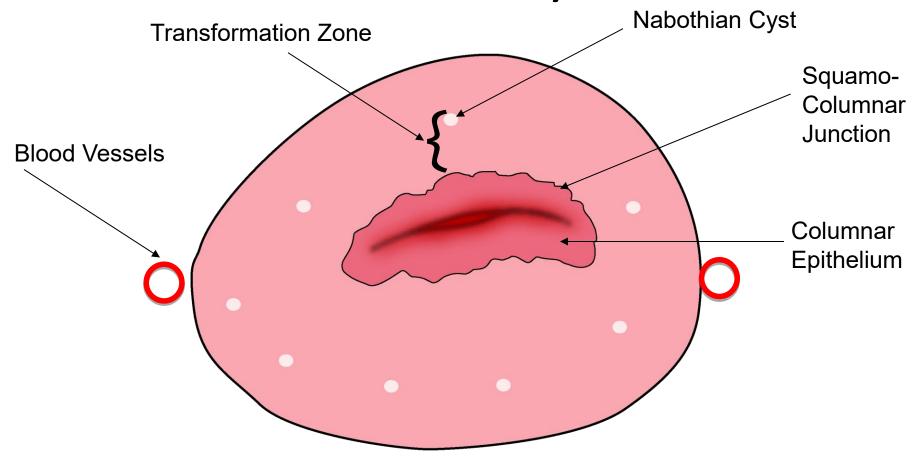
#### Transformation zone

- Transformation zone Area of the cervix where the columnar epithelium has been replaced and / or is being replaced by the metaplastic squamous epithelium.
- Inner boarder squamocolumnar juction and outer boarder distal most nabothian cysts or crypt opening.

# DRILL 1 Identify the Squamocolumnar Junction



### Cervical Anatomy Review



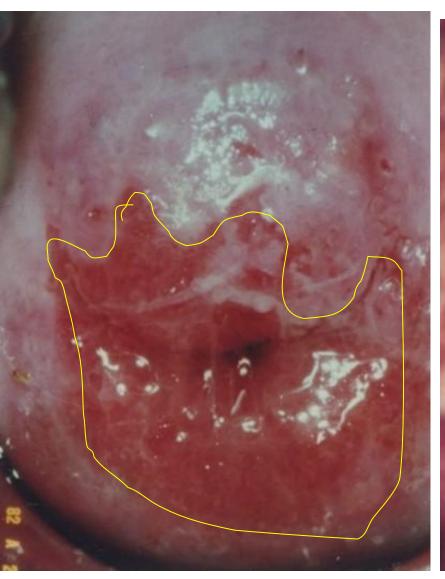


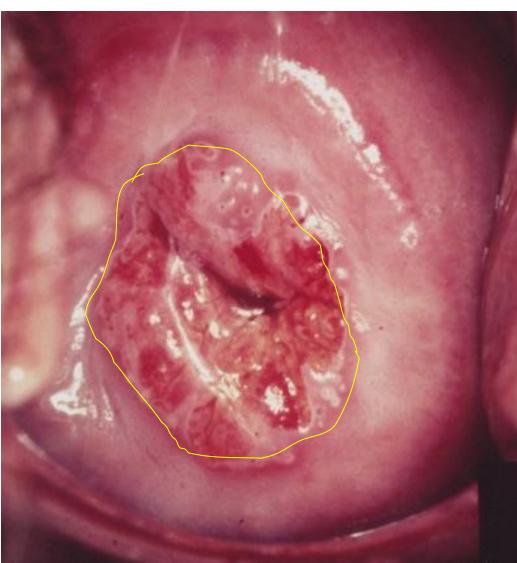


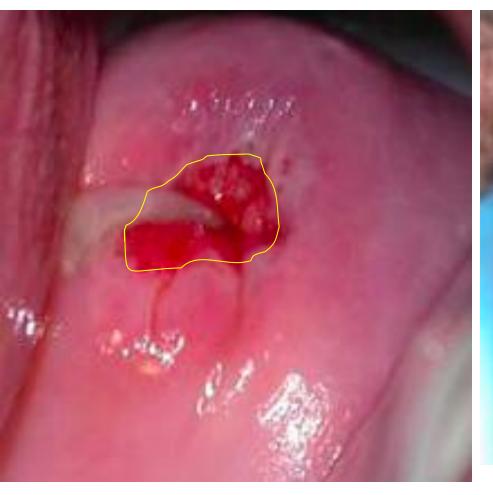




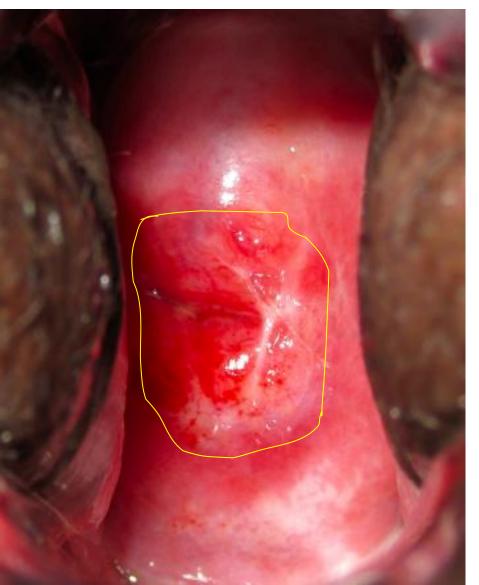


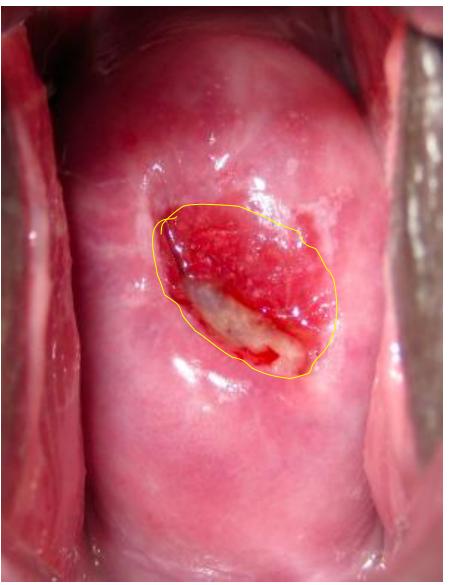


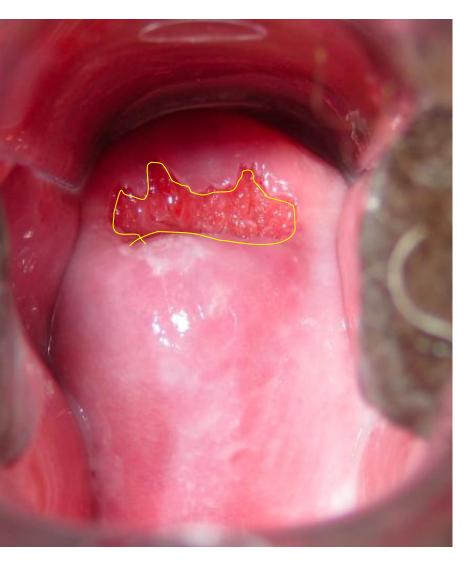




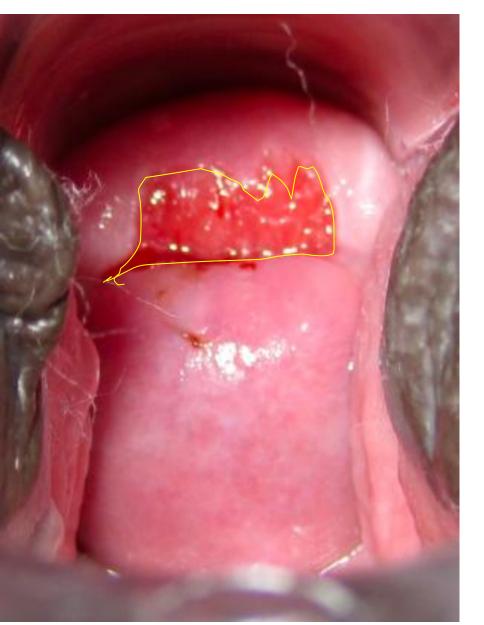




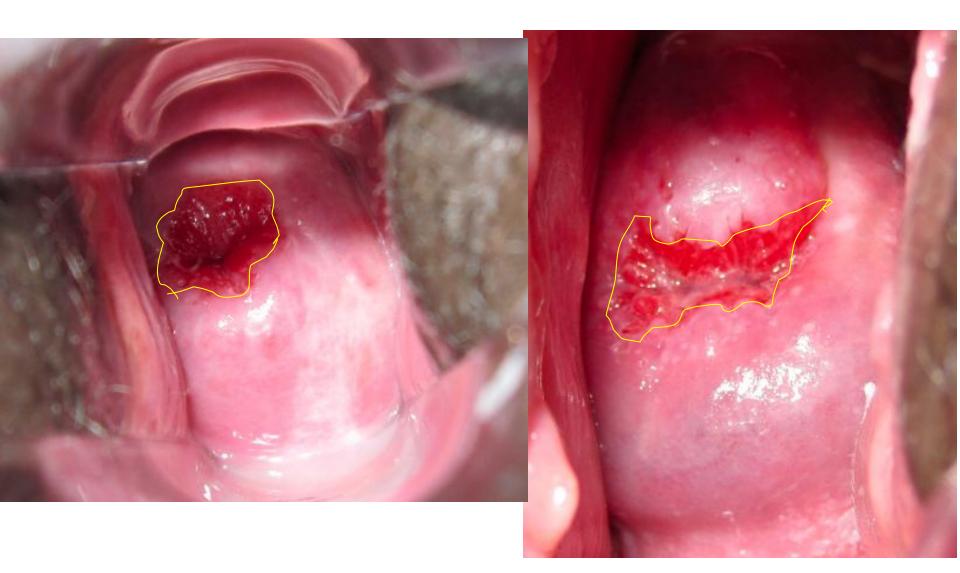












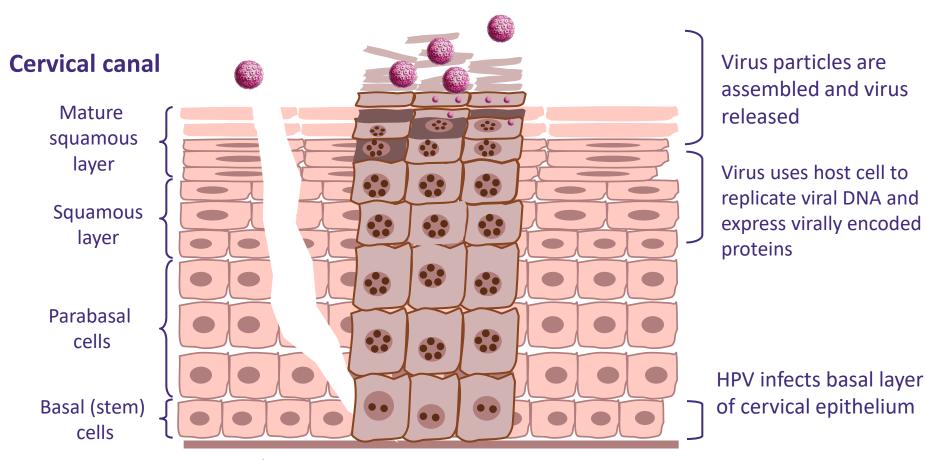


Can you see the SCJ?

# Natural History Of HPV Infection & Cervical Dysplasia



# HPV lifecycle in the cervix



Basement membrane

Normal epithelium

Infected epithelium

# How can HPV infection lead to cervical cancer?

- There are several steps in the pathway from HPV infection to cervical cancer
  - Initial infection viral entry into target basal epithelial cells (reserve cells)
  - HPV integrates into the host genome
  - HPV oncogenes (E6 & E7) are expressed
  - Cytogenetic instability results
  - Genetic changes allow uncontrolled cell growth (immortalization)
  - Malignant transformation to cervical carcinoma occurs

# HPV infection

HPV infection

Low grade lesion

High grade lesion

High grade lesion

High grade lesion

Pathway	Frequency	Mechanism	Example HPV Types	Notes
Stepwise (LSIL → HSIL → Cancer)	Common (~80–90%)	Persistent productive infection	HPV 31, 33, 45, others	Regression possible at early stages
Direct (HPV infection → HSIL)	Less common (~10–20%)	Early integration and oncogene activation	HPV 16, 18	Explains some rapid progressions in young women

#### Some Definitions

- Dyplasia- Abnormal cells / pre-cancer
- Histology:
  - Cervical Inter- Epithelial Neoplasia (CIN1, CIN2/3)
- Cytology (pap smear)
  - LSIL low grade dysplasia
  - HSIL high grade dysplasia
  - ASCUS atypical cells of unclear significance

#### **Acetowhite Reaction**

Acetowhite reaction refers to the whitening of an area of the cervical epithelium, when the tissue reacts with 3%–5% acetic acid (normal table vinegar).

This reaction is caused by the coagulation of cellular proteins, which appear opaque.

#### **Acetowhite Reaction**

Human papillomavirus (HPV)-infected cells are more active and contain more proteins, which causes them to appear more opaque than surrounding normal tissues.

# VIA—Reporting

#### Results of VIA are reported as:

- Negative
- Positive (acetowhite lesions present)
- Suspicious for cancer



Look around the entire SCJ for any raised and thickened white plaques or acetowhite lesions.

Note the following if acetowhite areas are identified:

- Extension
- Intensity of whiteness
- Borders and demarcations
- Size
- Location



#### Extension of the lesion:

- Does it extend into the endocervical canal?
- Does it extend out toward the vaginal fornix?



#### Intensity of color:

- Is the lesion shiny white, cloudy white, pale white, or dull white?
- Are the lesions uniform in color?
- Does the color intensity vary across the lesion?
- Are there areas of erosion within the lesion?



#### **Borders and demarcations:**

- Are the borders clear and sharp or indistinct and diffuse?
- Are the borders raised or flat?
- Are the borders regular or irregular?



#### Size:

- Extent or dimensions of the lesion
- Number of lesions



#### Location of the lesion:

- Is it far away from the SCJ?
- Is it abutting or touching the SCJ?
- Does it occupy the entire or part of the TZ?



# What to Do if Unsure of VIA Results

If you are in doubt about the description or the outcome of the test, you can gently repeat the test a few times without inducing bleeding. Tell the woman what you are doing. If you are still unsure, it is better to book the woman for a seniour review.

### VIA—Reporting

#### Negative:

- NO acetowhite lesions.
- Bluish-white lesions, faint patchy lesions, or doubtful lesions without definite margins.
- A polyp protruding from the os taking up acetowhitening.
- Nabothian follicles taking up acetowhitening.

### VIA—Reporting

#### Negative:

- Faint line-like acetowhitening at the junction of columnar and squamous epithelium.
- Acetowhite lesions far away from the TZ.
- Streak-like acetowhitening.
- Dot-like areas in the endocervix, which are due to grape-like formations of columnar epithelium staining with acetic acid.

# **VIA Negative: Nabothian Follicle**



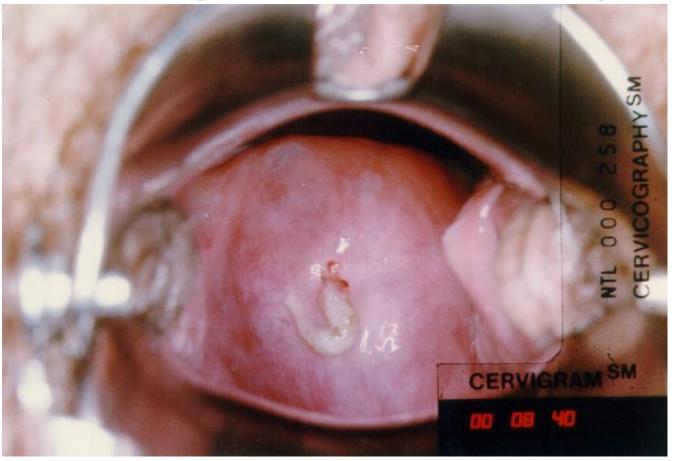


# VIA Negative: Immature Metaplasia



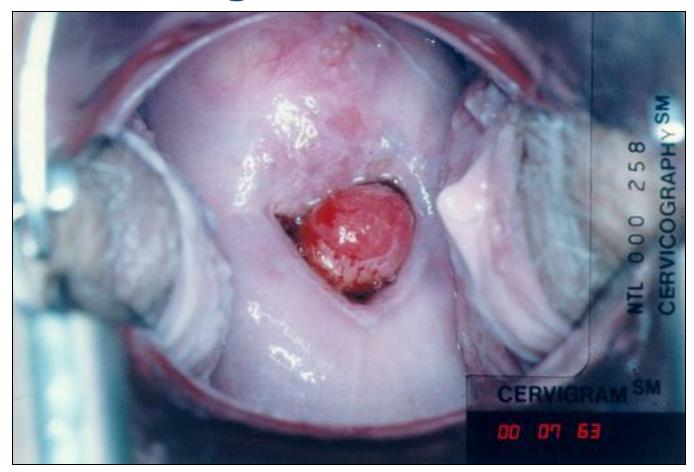


# **VIA Negative: Mucus Plug**



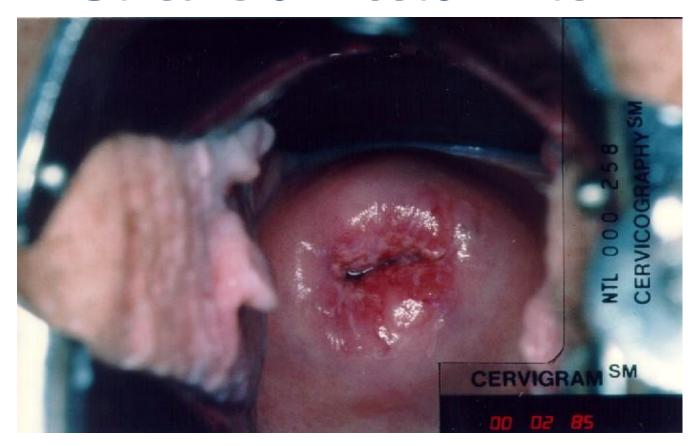


# **VIA Negative: Polyp**





# VIA Negative: Streaks of Acetowhite





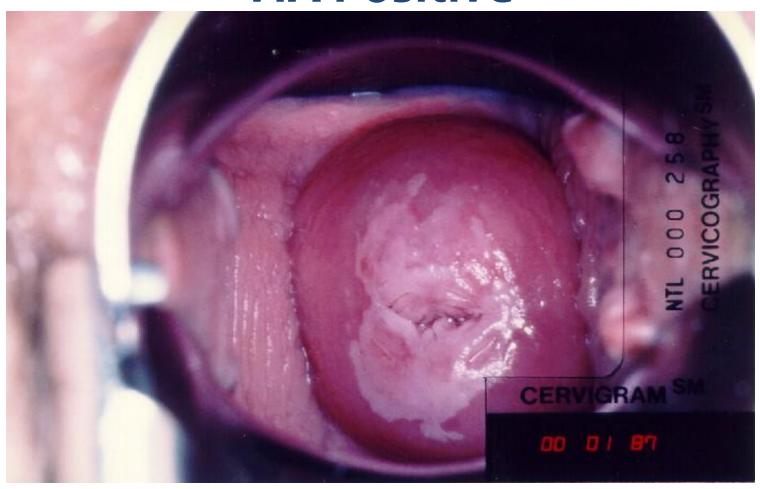
# VIA Negative: Normal Cervix



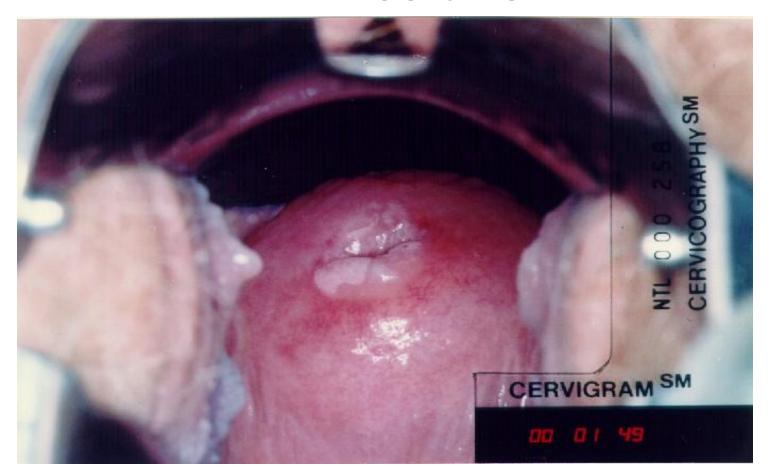
#### VIA—Reporting

#### Positive:

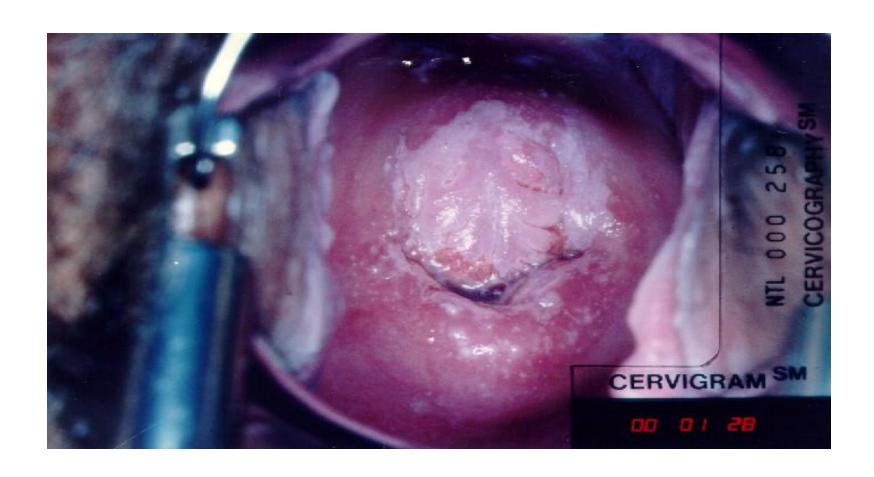
- Sharp, distinct, well-defined, dense
   (opaque/dull or oyster-white) acetowhite
   areas—with or without raised margins.
- Lesions close to SCJ in the TZ.
- Dense acetowhite lesions in the columnar epithelium or near the os.
- Condyloma and leukoplakia close to the SCJ that turn intensely white with acetic acid.



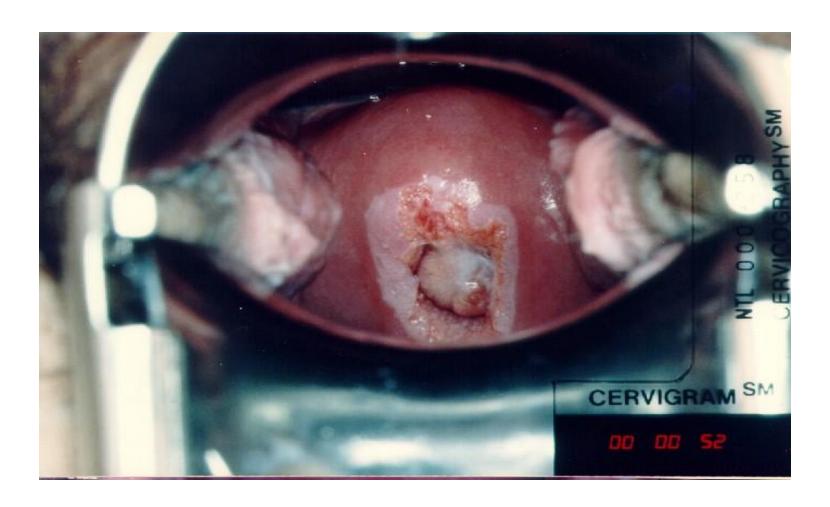




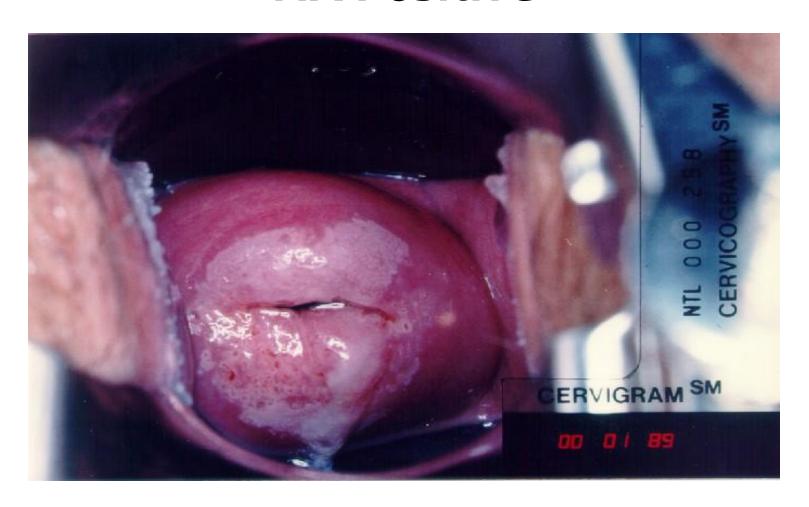




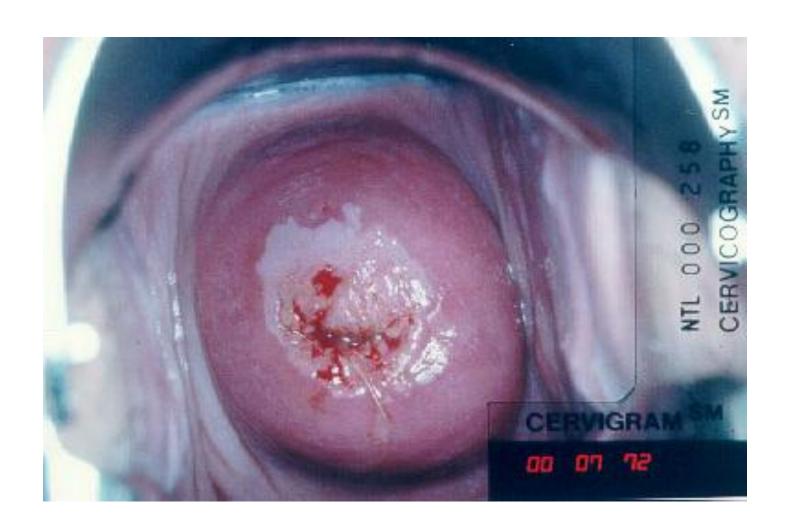












#### VIA—Reporting

#### Suspicious for invasive cancer:

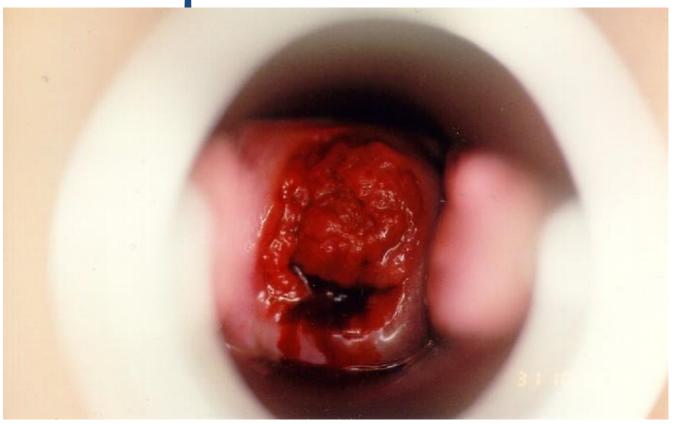
- Clinically visible ulcerative-proliferative growth.
- Oozing and/or bleeding on touch.



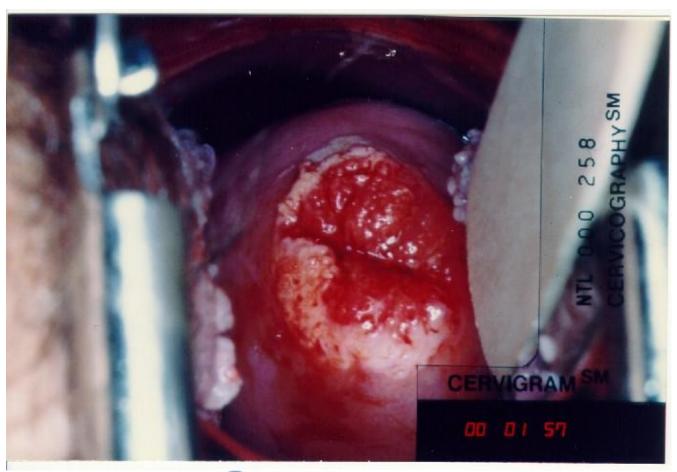
#### VIA Positive & Suspicious for Cancer

- There is a clinically visible growth on the cervix that turns densely white after application of acetic acid
- Ulcerations
- Clinically visible ulcerative-proliferative growth.
- Oozing and/or bleeding on touch.
- Falls apart with touch

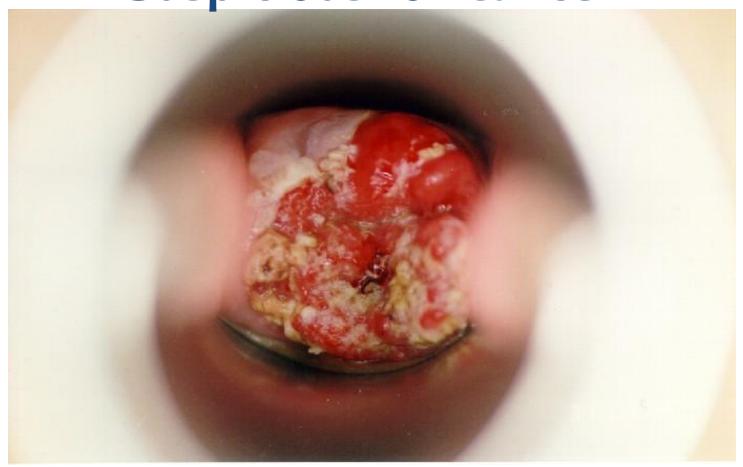




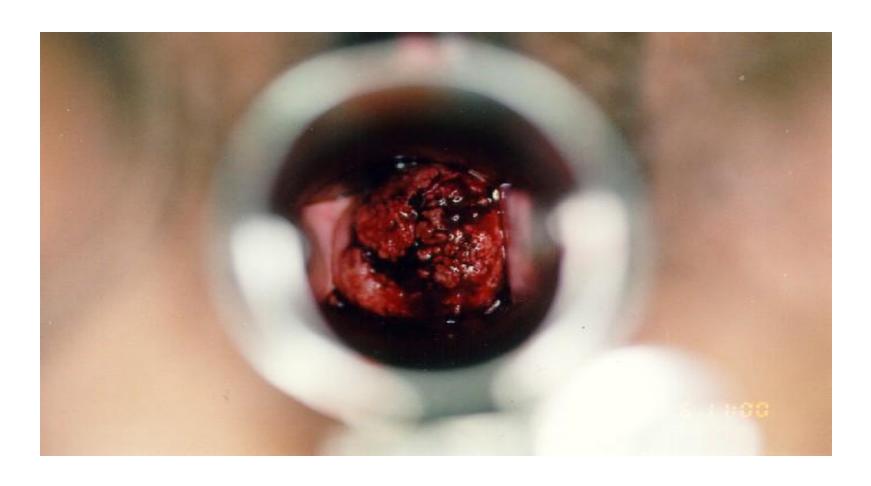












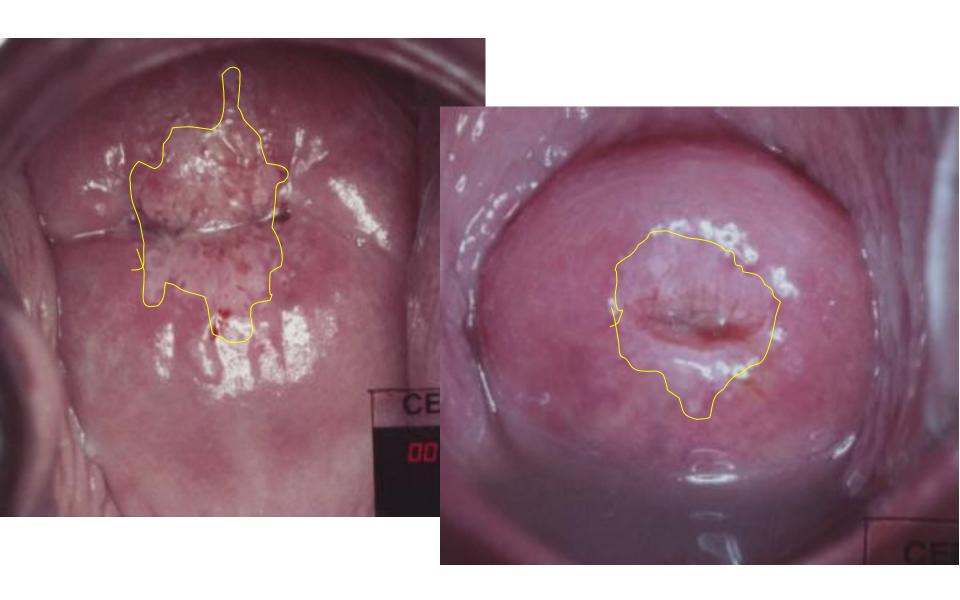


#### VIA Positive Includes:

- Sharp, distinct, well-defined, dense
   (opaque/dull or oyster-white) acetowhite
   areas—with or without raised margins.
- Lesions close to SCJ in the TZ.
- Dense acetowhite lesions in the columnar epithelium or near the os.
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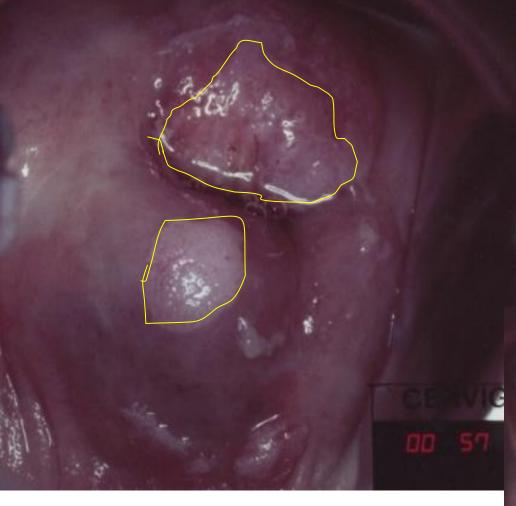
# DRILL 2: VIA Positive or VIA Negative? and WHY?

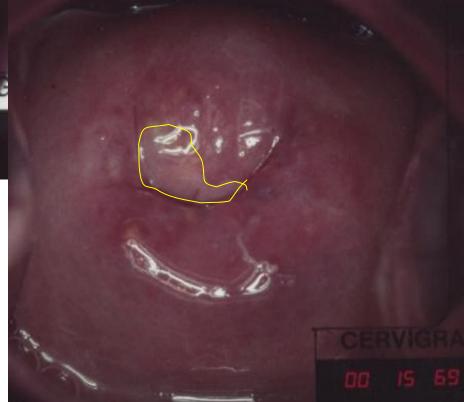






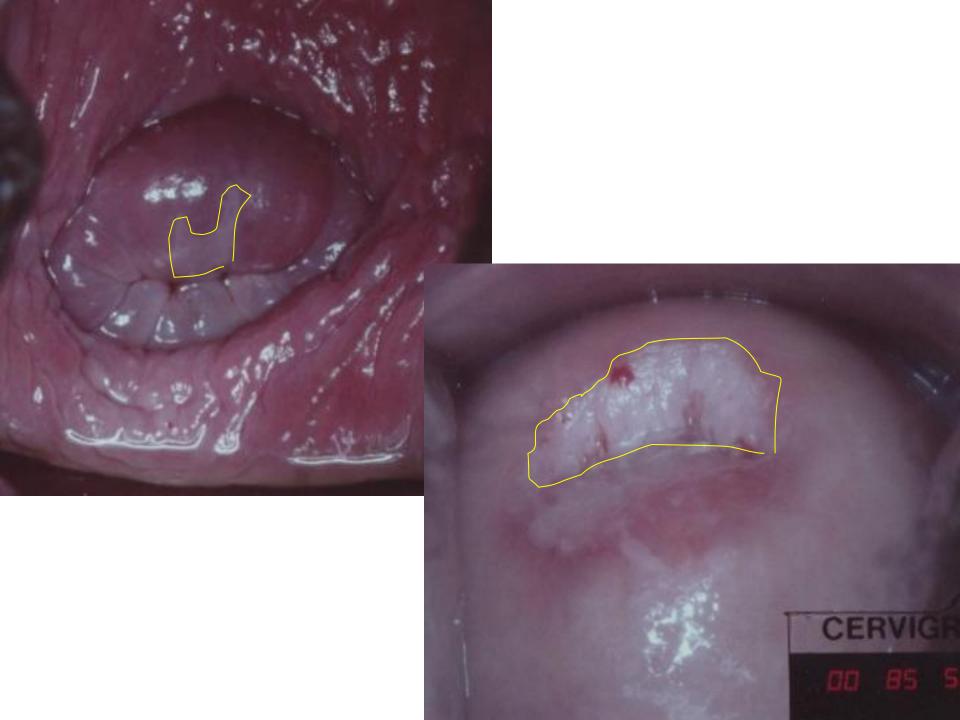










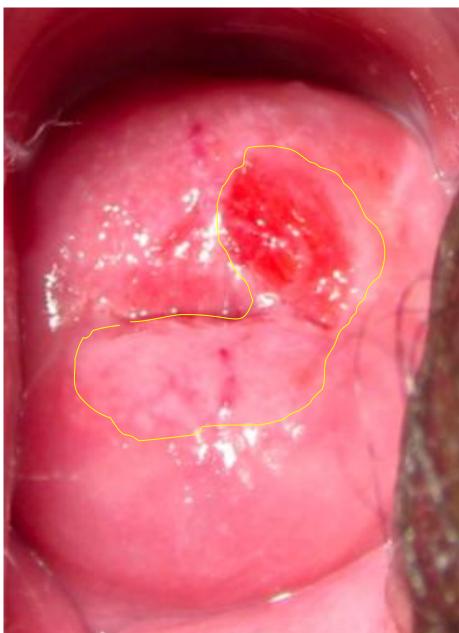






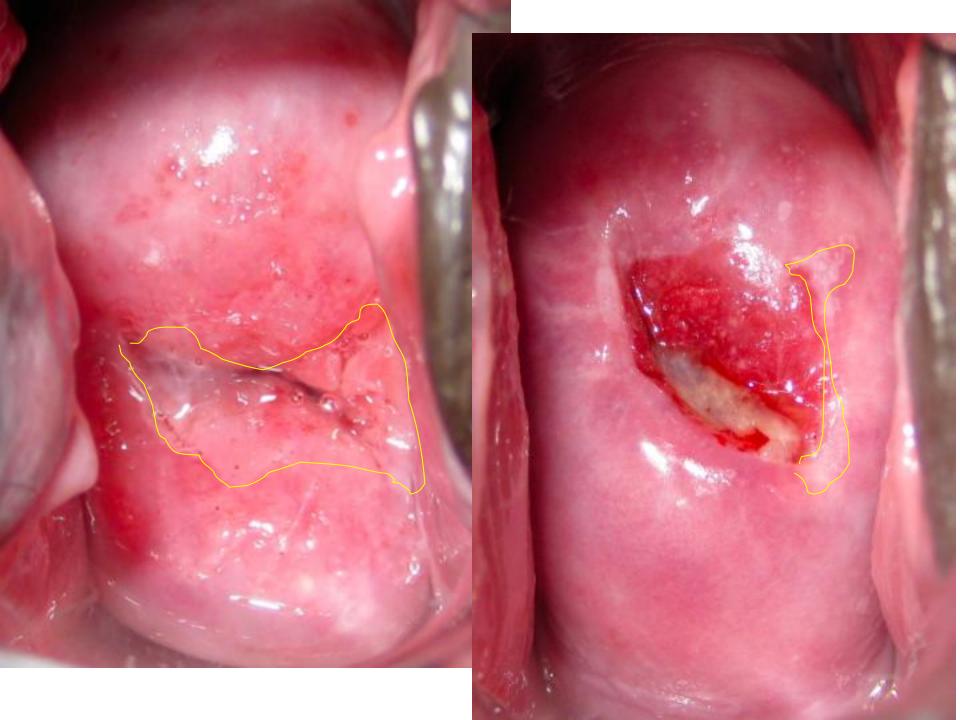


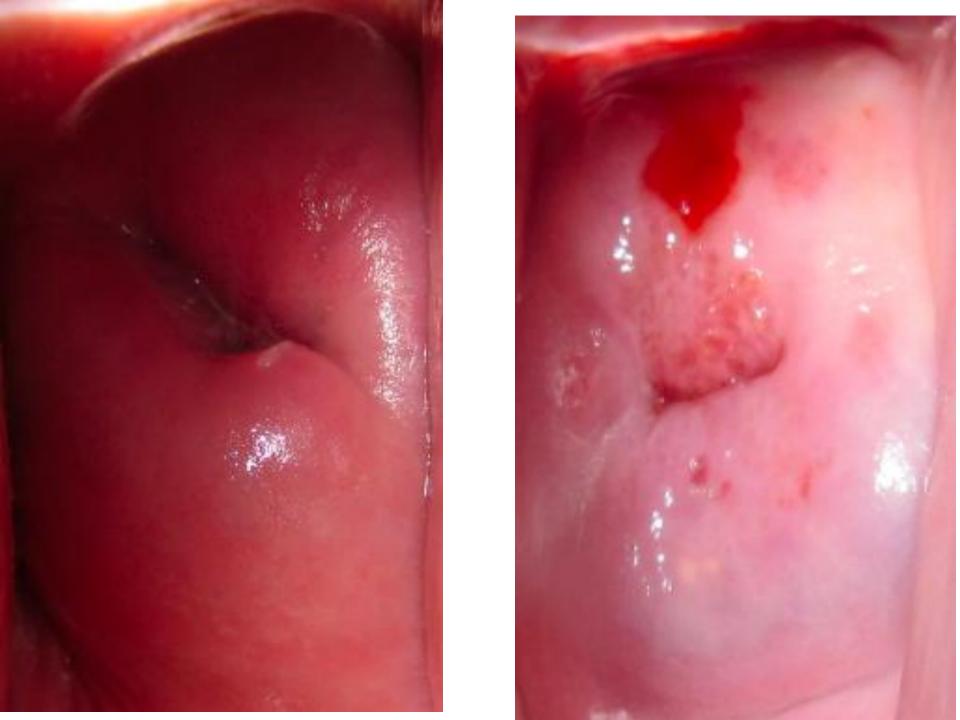


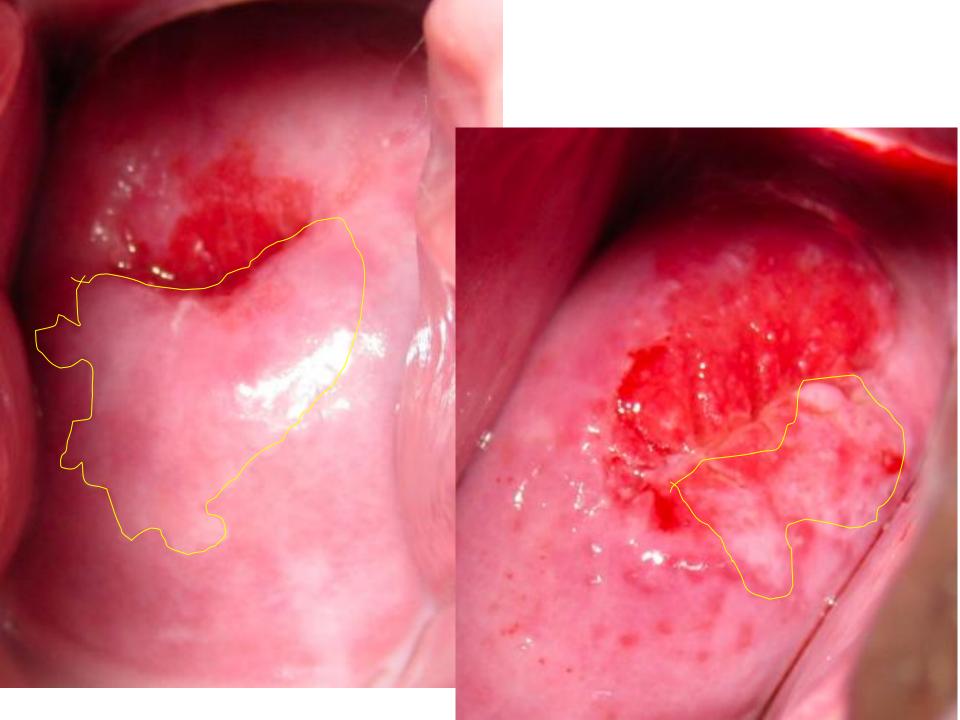












# Thank you!!